

**MARION COUNTY
ALCOHOL & DRUG PLANNING COMMITTEE
3878 Beverly Ave. NE Bldg. H, Suite 11
Salem, Oregon 97305**

**January 22, 2015
Meeting Minutes**

Present: Ray Wilson, Jeff Puterbaugh, Dana Kleis, Wendy Holihan, Tim Murphy, John Sauer, Bob Thomas, Lori Doede, Lieutenant Jeff Wagner, Lisa Miller

Staff: Scott Smith, Rod Calkins

Reported absences: Cary Moller, Peter Davis, Trish Davis, Cari Fiske-Sessums, Mat Barreiro

Guest: Chris Arnich; CRC Group, Michael Jones; Willamette Valley Treatment Center, Dr. Thayer; Willamette Valley Treatment Center

Call to Order: Chair Ray Wilson called the meeting to order at 8:00 a.m.

Announcements:

- Lieutenant Jeff Wagner will attend meetings until a permanent replacement is found for Probation and Parole presence.

Approval of Meeting Minutes:

- December 2014 minutes approved as presented.

- **Presentation: Dr. Thayer**
 - **Medication Maintenance Treatment (handout)**
 - Use of prescribed drugs such as Buprenorphine and Methadone to aid in treatment and eliminate physical need for Opiates.
 - Doses are tapered after patient has changed other behaviors enough to tolerate some craving without relapse.
 - Drugs are used in a controlled environment and prescribed by medical providers.
 - Recent studies show the longer patients are on prescribed medications the more successful they will be with treatment.
 - Methadone doses are increased slowly. Buprenorphine doses can be raised with no greater effect on the individual which helps with correct dosage.
 - Less than half the individuals in these treatments have a chronic pain issue.

- Drug maintenance treatments are a good answer for individuals who have tried other treatments with no success.
- Opiate addicts are more likely to get well with treatment using medications.

Long term effects of medication treatment drugs unclear for adolescents, however, must find balance and make choice for treatment dependent upon other dangerous behaviors such as criminal, sexual acts and sharing needles.

Theory of treatment:

Patients must be willing to make other changes in their lives such as attitude and setting, as this is just as important as drug treatments. Treatments depend on each individual situation, as well as factors such as age and duration of Opiate use. Many factors need to be taken into consideration when choosing whether Buprenorphine or Methadone should be prescribed.

Update: NarCan (handouts)

- Officers from four police bureaus in Oregon will carry Naloxone kits, also known as NarCan.
 - Salem officers are undergoing training and will then receive individual Naloxone kits to carry while on duty.
 - This is an effort to reduce Heroin deaths in Oregon.
 - NarCan can temporarily stop an Opiate's effect which allows first responders to give medical care.
 - Oregon one of 20 states bringing in NarCan in hopes of decreasing fatalities.

Update: Rod Calkins

- **Tobacco use ordinance:**
 - The Board of Commissioners passed an ordinance banning tobacco use on Marion County properties, buildings and vehicles.
 - E-cigs were included in the ordinance effective December 2014.
 - Focus on health issues and safety of all county employees.

Discussion:

- HAB
 - No update at this time.

Chair Ray Wilson adjourned the meeting at 9:29 a.m.

Next meeting February 26, 2015
Minutes by: Tanya Shackelford