

**MARION COUNTY  
ALCOHOL & DRUG PLANNING COMMITTEE  
3876 Beverly Ave NE Bldg G  
Salem, Oregon 97305**

**January 28, 2016  
Meeting Minutes**

**Present:** Ray Wilson, Dana Kleis, Daryl Thomas, John Sauer, Suzanne Smith, Jeff Puterbaugh, Wendy Holihan, Debra Giard, Peter Davis

**Staff:** Rod Calkins, Scott Smith

**Reported absences:** Cary Moller, Tim Murphy, Garone Pineda, Trish Davis, Cari Fiske-Sessums, Mat Barriero

**Guest(s):** Bob Nikkel

**Call to Order:** Chair Ray Wilson called the meeting to order at 8:02 AM.

**Announcements:**

- Introductions
- Quorum

**Approval of Meeting Minutes:**

- Minutes approved with corrections.  
Motion to approve December minutes by chair Ray Wilson. Second by John Sauer.

**Presentation: Co-occurring disorders**

- Ray Wilson introduced Bob Nikkel. Bob shared his background and qualifications with committee.
  - Bob prefers phrase “mental health challenges” or “people with lived experiences” rather than “mental illness”.
  - A&D use can mimic mental health issues.
  - Methamphetamine use can mimic schizophrenia.
  -
- There are five stages involved with co-occurring disorders:
  - 1) Engagement (reaching out and forming relationships)

- 2) Crisis (just because you engage does not always mean treatment is involved).
- 3) Stabilization
- 4) Treatment
- 5) Recovery

- Effectiveness of drug treatment for mental health issues has not been very successful per research studies. An individual can have withdrawals once they stop taking prescribed drugs, even if they don't feel good while taking them.
- Doyle Smith is Corbett Monica's successor from Dual Diagnosis Anonymous and Bob suggested him as a possibility to present at a future LADPC meeting.

There was discussion around whether it is best for one provider or more to treat individuals with dual diagnosis. One provider might be preferred if properly trained in areas of dual diagnosis.

If there are two providers treating an individual with a dual diagnosis, communication/collaboration is critical.

Rod Calkins- There has been training between Mental Health and Alcohol and Drug addictions, however, treatment is at different sites, which can cause barriers for individuals. Funding can also be a barrier to services.

Debra Giard – Peer supports are very important as individuals are more likely to listen to peers.

### **Discussion:**

- White Paper Update:
  - No update at this time. White paper sub-committee did not meet in December. December meeting will be rescheduled and sub-committee will have update next month.

### **Discussion:**

Follow up on new provider application/Report back on VIDA:

Suzanne met with Kathy Savicki. She did not receive any negative or positive information regarding VIDA.

Ray stated that approval letter was sent to the State on behalf of LADPC.

**Agenda items for next meeting:**

- **Update on White Paper sub-committee meeting.**
- **Suzanne will try to find speaker to present on prescribing and prescription monitoring guidelines.**

Chair Ray Wilson adjourned the meeting at 9:26 AM.

Next meeting – February 25, 2016 at Marion County **3876 Beverly Ave NE  
Bldg. G Salem, OR 97305**

Minutes by: Tanya Shackelford