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| Mental Health Advisory Committee  October 5th, 12:00 PM– 1:00 PM  In-Person: 2045 Silverton Rd NE, Suite A, Salem, OR 97301 in the Inspirations Conference Room  Recorder: Sara Taylor | |
| **Attendees:**  Dr. Satyanarayana Chandragiri  Dr. Leon Harrington  Nichole Miller  Michael Mann  Kristin Kuenz-Barber, Co, Co-Chair  Earlene Camarillo, Co, Co-Chair  Nilly Essaides  David Beem  **Staff:**  Phil Blea  Ann-Marie Bandfield  Ryan Matthews  Sara Taylor (R)  **Guests:**   Fritz Graham  Jackie Follis  Tami Cirerol  Laura Sprouse  Chad Cox  Kelly Martin | |
| **Agenda Item** | **Notes** |
| Approve minutes from 9/7/23 | No quorum, minutes not approved |
| Suicide Prevention Efforts | Laura, Kelly, and Tami:  The upcoming ‘LINKS to Life’ Campaign is meant to build awareness for a longer amount of time. Each month focuses on a different topic.  September: **L**earn  October: **I**nvolve Yourself. There is also a QPR Trainer Event to increase the capacity of QPR trainers! Registration is open, 30 spots to fill!  November: **N**urture Yourself and Others  December: **K**nowing your resources  January: **S**ustain what You’ve Learned throughout the whole year  Received data from OHA regarding high-risk zip codes, times of year, etc.  October-January have the highest suicide attempts and fatalities.  They are currently in the planning phases of activities for May. Definitely will be promoting 988 and Life is Better with You Here.  70% of the population still don’t know what 988 is. Spread the word!  Throughout September, the MCHHS communications coordinator did a “Did You Know” campaign on social media.  -How can we build upon the initiatives?  Mental Health First Aid Training and QPR Training for teachers assisting their struggling students. |
| HOPE and Mental Wellbeing Bill | Fritz Graham is now the Deputy District Director for Congresswoman Andrea Selinas.  Mental Health, Substance Abuse, and Homelessness are the Congresswoman’s top 3 concerns.  HOPE = Helping Out Patients for Emotionally and Mental Well Being  Hoping to add more behavioral health visits. |
| **RESPONSIBLE PARTY** | **ACTION ITEM** |
| Laura | Will share a 1-pager resource guide for Marion and Polk County |
| Sara Taylor | Complete minutes |

**Next Meeting: November 2nd, 2023**

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