



MARION COUNTY BOARD OF COMMISSIONERS

# Board Session Agenda Review Form

Meeting date: Wednesday, May 13th, 2026 9:00am

Department: Health & Human Services

Title: Oregon MCAH Title V Priority Areas

Management Update/Work Session Date: 4/14/2026 Audio/Visual aids

Time Required: 10 Contact: Samantha Andress Phone: x4903

Requested Action: Informational

Issue, Description & Background: MCHHS has reviewed the identified priority areas and developed preliminary recommendations that consider alignment with our Community Health Improvement Plan(CHIP), Strategic Plan, and cross-divisional work including Prevention, Youth Mental Health, clinical services, and housing supports. The priorities identified are Women's & Maternal Health, Perinatal & Infant Health, Child Health, Adolescent Health, Community Identified State Priorities including Person and Family Centered Services & Care, Parent and Caregiver Support, and Safe and Healthy Environments.

Financial Impacts: No new financial impact, these are current and ongoing Title V funds that have updated priorities for how they are to be utilized locally.

Impacts to Department & External Agencies: N/A

List of attachments: Priorities and Strategies, Powerpoint

Presenter: Susan McLauchlin, Phil Blea

Department Head Signature: TGregg Digitally signed by TGregg Date: 2026.04.28 15:51:47 -07'00'

### Women's & Maternal Health

#### Postpartum Care (with a focus on Postpartum Mental Health) strategies

1. Collaborate with home visiting programs to support people in obtaining timely postpartum care.
2. Develop health education materials (e.g. brochures, videos, digital content) about perinatal mental health.
3. Expand access to community-based perinatal care including mental health care.
4. Support Traditional Health Workers (e.g. Community Health Workers, Doulas) to provide postpartum mental health screenings and support clients in accessing behavioral health services.

### Perinatal & Infant Health

#### Housing Instability strategies

1. Promote policies that increase access to safe, stable and affordable housing for families and individuals during pregnancy and early childhood.
2. Develop cross-sector systems, programs, and initiatives to meet the integrated housing and other service needs of the MCH population.
3. Develop or advocate for medical-legal partnerships to provide legal services to MCH clients with unsafe/unstable housing or at risk for eviction.
4. Work with housing advocates and shelter systems to address child/family safety and other needs in the shelter system.
5. Enhance access to programs that address home safety and housing remediation concerns for the MCH community.
6. Provide screening, education, counseling, and referral to housing support services in MCH and other health care settings for those experiencing unstable housing.

### Child Health

#### Food Sufficiency strategies

1. Increase the availability of fresh fruits and vegetables in low-income areas.
2. Promote local food production initiatives, particularly in low-income areas.
3. Support increased access and use of nutrition assistance programs.
4. Improve access and use of school, after school, and summer meal programs.
5. Increase Tribal food sovereignty through increasing access to traditional foods.
6. Collaborate with healthcare providers to screen for and address food sufficiency.

## Adolescent Health

### Adolescent Mental Health strategies

1. Strengthen the workforce to deliver youth-centered, responsive mental health services.
2. Support schools and communities to implement programs that build youth protective factors and resilience.
3. Elevate youth and family voice to shape and guide mental health initiatives.
4. Promote awareness and reduce stigma around adolescent mental health.
5. Build and strengthen cross-system partnerships to address gaps in adolescent mental health services.

## Community Identified State Priorities

### Person and Family Centered Services & Care

1. Build community capacity for health, resilience, social/cultural connection and optimal health for all.
2. Support policies to ensure systems are trauma-informed and promote optimal health for all.
3. Develop or promote initiatives that build individual, family and community resilience, and prevent health impacts of stressful life events.
4. Support and improve competencies of the MCAH and early childhood workforce to promote optimal health for all.

### Parent and Caregiver Support

1. Develop or enhance cross-sector systems to support parents and caregivers in the community.
2. Build community capacity for programs or initiatives that support parents and caregivers.
3. Provide services that engage families and build parent capabilities, resilience, supportive and nurturing relationships, and children's social-emotional competence (e.g. home visiting or parenting education).
4. Develop systems and policies to increase access to safe and affordable child care, and after school activities.

### Safe and Healthy Environments

1. Develop and implement policies to improve community safety and/or child health outcomes.
2. Coordinate systems to enhance access to resources for community violence and/or child injury prevention.
3. Implement or promote programs and initiatives that create safe and healthy environments and promote the prevention of child injury and community violence.

4. Create safe community spaces or events to promote recreation, physical activity, violence prevention and/or community connection.
5. Conduct assessment of local child injury safety and community violence needs and/or disseminate data to increase understanding and mobilize partnerships around safe and healthy environments.



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Health & Human Services

# Maternal Child & Adolescent Health Title V Priorities & Strategies



**Maternal and Child  
Health Services  
BLOCK GRANT**

Title V provides funds to improve the health of women, infants, children, and adolescents.

“Oregon’s Title V program is dedicated to working with partners across the state to address health inequities and ensure that all women, children, youth, families and communities can thrive and reach their potential for life-long health and well-being.”



## Who does the MCH Block Grant serve?

- ▶ The MCH Block Grant serves the population health needs of women, infants, children, adolescents, families, and children and youth with special health care needs (CYSHCN) in Oregon.

# Oregon's 2026-2030 MCAH Title V Priorities

OHA conducts a needs assessment every 5 years

New priorities are then developed

Postpartum Care, focus on mental health

Housing Instability

Food Sufficiency

Adolescent Mental Health

Person and Family Centered Services & Care

Parent and Caregiver Support

Safe and Healthy Environments



## MCHHS Priorities

- ▶ Postpartum Care, focus on mental health
- ▶ Adolescent Mental Health
- ▶ Person and Family Centered Services & Care



# Postpartum Care Strategies



- ▶ Strengthen care coordination and referral pathways to ECN
  - Collaborate with ATS staff, Her Place & Our Place
- ▶ Provide training to reducing stigma and bias around pregnant women with substance use disorders
- ▶ Provide perinatal mental health training
- ▶ Participate in Access to Healthcare CHIP workgroup

# Adolescent Mental Health

## Strategies:

1. Strengthen the workforce to deliver youth-centered, responsive mental health services.
2. Support schools and communities to implement programs that build youth protective factors and resilience.
3. Elevate youth and family voice to shape and guide mental health initiatives.
4. Promote awareness and reduce stigma around adolescent mental health.
5. Build and strengthen cross-system partnerships to address gaps in adolescent mental health services.

# Adolescent Mental Health

- **Strengthen the workforce to deliver youth-centered, responsive mental health services.**

Provide Connection Planning Workshops for staff, providers, school administrators, youth-serving organizations and community members to build foundational knowledge and resources to tailor connection planning strategies for youth and peer-focused initiatives.

- **Build and strengthen cross-system partnerships to address gaps in adolescent mental health services.**

Conduct a phased gap analysis of county programs and community adolescent mental health services to identify and respond to gaps and overlaps

Identify opportunities to increase protective factors by strengthening and integrating primary prevention and health promotion into systems of care.





## Person- and Family-Centered Services & Care

- Increase access to trauma-informed caregiver-child mental health coaching
- Improved caregiver-child relationship quality and attachment
- Increased caregiver use of positive parenting skills
- Reduced parenting stress and improved family functioning