

Helpful Phone Numbers

Oregon Health Plan

(For Application to be mailed to you)

1-800-359-9517

Marion County WIC Program

(503) 981-5851

(503) 588-5057

TRIPLINK

Help with transportation to medical and counseling appointments. (503) 315-5544

Toll Free: 1-888-315-5544

Department of Human Services

Food stamps, cash assistance, medical cards.

Woodburn (503) 980-6677

South Salem (503) 378-6327

Keizer (503) 373-0808

North Salem (503) 378-2731

Psychiatric Crisis Center (PCC) Hotline

Screening and Assessment

(503) 585-4949

Mid Valley Women's Crisis Services

24 Hr. Hotline (503) 399-7722

Toll Free 1-866-399-7722



MARION COUNTY HEALTH DEPARTMENT

Children's Behavioral Health

976 N Pacific HWY
Woodburn, OR 97071

Phone: (503) 981 5851

Fax: (503) 566 2948

Contact: Micheen (Mac) Panosh, MSW

MARION COUNTY HEALTH DEPARTMENT



Teen Parent Counseling Program

(503) 981-5851

Marion County Health Department

976 N Pacific Highway

Woodburn, OR 97071



Outcome Goals..

- To prevent clients from dropping out of school. Nationwide only 40% of teens who become parents before age 18 graduate from high school and are 9 times more likely to be poor.
- To help link to early prenatal care as teen parents are 2.5 times more likely to delay care until after the first trimester because of hiding their pregnancy which increases risk to baby of low birth weight.
- To involve the teen father, as 85% of teen mothers are raising their child as a single parent.
- To reduce isolation and stress by building tools which reduces the risk of child abuse and neglect.
- “Sex has meaning, risk, and consequences.” To encourage parents to be involved to prevent other siblings from having unplanned pregnancies by encouraging parents to share their values about sexual health.

Teen Parent Counseling Services Include:

- Mental health assessment and treatment plan.
- School based individual and group counseling.
- Cognitive Behavioral Therapy
- Encouragement for school completion
- Case management referrals to community resources: OHP, housing, transportation and prenatal care.
- Family therapy
- Education about pregnancy and child development
- Identifying and strengthening healthy relationships
- Identifying and treating postpartum depression
- Learning stress management and parenting skills

Who can get these services?

Any pregnant teen, teen mother, or teen father living in North Marion County who feels they need help and support.
Services covered by OHP.

