

7. Describe a time when you achieved a goal by overcoming barriers. That is, what were the barriers and how did you overcome them?

8. Choose the best pathway and describe how you will overcome the barrier.

9. Describe benchmarks that you need to achieve to attain the goal. For example, what are two or three things that must be accomplished for you to attain your goal?

1. _____

2. _____

3. _____

10. Identify people and/or resources in your community with whom you can rely on as a source of support in pursuing your goal.

11. Describe something that motivates you (e.g., music, movie, person). Think of how you can use this inspiration to help you pursue your goal.