



**7. Describe a time when you achieved a goal by overcoming barriers. That is, what were the barriers and how did you overcome them?**

**8. Choose the best pathway and describe how you will overcome the barrier.**

**9. Describe benchmarks that you need to achieve to attain the goal. For example, what are two or three things that must be accomplished for you to attain your goal?**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**10. Identify people and/or resources in your community with whom you can rely on as a source of support in pursuing your goal.**

**11. Describe something that motivates you (e.g., music, movie, person). Think of how you can use this inspiration to help you pursue your goal.**